



NEWS BRIEFS

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SACRAMENTO COUNTY RETIRED EMPLOYEES ASSOCIATION
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www.saccountyretirees.com

2022 Winter Issue

Pamela Thomas, Editor



PRESIDENT'S MESSAGE

By Randal Angeloni, President

Greetings to all County Retirees. It seems like we will never get out from under COVID -19. Still in the news and still killing people. There was a news article criticizing President Biden for saying the pandemic is over but we are not out of the woods related to COVID. The ambiguity provides fodder for his critics and confusion for his supporters. Let's evaluate! When is a pandemic over? By definition a pandemic is over when:

- A vaccine or an effective treatment is developed – this would be the most desirable option. Think of polio – an epidemic, not a pandemic – which came to a medical end with a vaccine.
- Infection and death rates plummet – also considered a medical end. That's how the Spanish flu pandemic of 1918 ended – those infected either died or developed immunity.
- People simply get tired of living in fear and learn to live in a world with the disease. This is considered a social ending, which is not an actual end since the disease itself doesn't go away. In this situation the disease may continue to spread, which can delay the medical end. *Content extracted from Avera Health.

At this point in time, it seems like all three conditions are true. So what are we left with? We are left with an epidemic which is receding but not gone. Stay vigil and let's move on to the holidays.

The CRCEA conference was held in Sacramento County on October 9th through the 12th. We'll have more on the CRCEA Sacramento Conference next time.

I find myself in caregiver mode. My wife had a knee replacement operation a few days ago and has limited mobility and needs constant care. When we married, we vowed in sickness and in health but I was not qualified to have to prepare meals, do laundry, shopping, etc... Mary is a trooper apparently; she'll eat anything. The washer and dryer are like aliens to me. Just throw the laundry pod in the wash; don't worry about the detergent feed bin, I hope. The lights and twinkling controls are distractions and I could not find the dryer filter. I am lost in a grocery store. She seems to be going stir crazy but cannot leave the house and go for a ride. We will get through this; remember I said till death do us part..

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LEGISLATION AB2493...County employees' retirement: disallowed compensation: benefit adjustments and calculations:

This bill makes several changes to the County Employees Retirement Law of 1937 ('37 Act or CERL) regarding pension calculation adjustments arising from erroneous inclusion of disallowed compensation, including requiring participating county employers to do the following: (1) reimburse their respective retirement system for pension overpayments made to

Continued on page 2

PRESIDENT’S MESSAGE, *continued from page 1*

peace officer and firefighter retirees arising from erroneous employer reporting of disallowed compensation, and (2) pay affected retirees a lump sum amount equal to 20 percent of the actuarial equivalent present value of a retiree’s “lost” pension going forward due to the system’s recalculation of the retiree’s benefit to exclude the disallowed compensation.

The bill is progressing through the Legislature. I will try to keep you updated as to the ramifications to our members, if any.

The holidays are fast approaching so everyone have a safe and plentiful holiday season.

Remember: in the age of information, ignorance is a choice and words are the least reliable purveyor of the truth.

WELCOME NEW SCREA MEMBERS!

Terrance Perkins
Carol Perkins

Total Members: 4,806

* **The SCREA Board thanks** *
* **Terri Colosimo and Eloween Ivey for** *
* **their time and work as Board members** *
* **over the last several years. We wish** *
* **them the best in the years to come.....** *

SCREA NEEDS YOU!
By Carol Summers, Chair, Nominating Committee

The SCREA Board of Directors had two current vacant positions. At the Board meeting on October 3rd, President Randy Angeloni appointed Rick Griggs, which was confirmed by the Board of Directors, to fill one of our two vacant positions. His term of office is from October 3, 2022 to June 30, 2025. A brief profile is published in this News Briefs. We are still looking to fill the last vacancy.

Unfortunately, because of personal issues, we have had two resignations in September: Terri Colosimo, our Board Secretary and Eloween Ivey. Both members will be missed. We thank you for your years of dedicated service.

At the August 1st meeting Gregory Leafé accepted his appointment to the SCREA Board and was appointed by President Randy Angeloni to a term of office from August 2022 through June 2025. Greg’s profile is also in this issue.

We welcome the new members to the SCREA Board. They bring varied experience and new energy. I would encourage any interested active members to consider becoming a Board member. Please contact me at mauisummers13@gmail.com if you are interested in applying or have any questions.

 Visit SCREA’s website at www.saccountyretirees.com to get updated info and keep informed on various issues affecting County retirees.





SCREA extends our deepest sympathy to family & friends of retirees listed below. This list identifies those reported from June thru September 2022

Henry Adame, Carmichael Parks
 Ronald Bacher, Public Works
 Stephen Barker, Sheriff
 Laddie Born, Environmental Mgt
 Charles Case, UCD/MC
 Doris Chez, Voter Registration
 Shirley Cobb
 Jacqueline Cox
 Jacob Desch, OCIT
 David Delacy, District Attorney
 Benjamin Dixon, MSA
 Edward Doonan, Sheriff
 Michelle Dowell, Child Support Services
 Alverda Draper
 Mary Gabrielson, Health & Human Svcs
 Catherine Gauthier, District Attorney
 Stanley Golik, Sacramento Fire
 Bernard Gravelle, Public Works
 Muriel Gray, S&DP
 Josephine Guadagnino, Welfare
 Leon Harris, Public Works
 Susan Hinton, Public Defender
 James Houghton, Public Works
 Danielle Hummer
 Josefina Jimenez, Human Assistance
 Anita Kane, Coroner
 Maureen Klironomos, Public Defender
 Robert Korves, MSA
 Judith Kovanda
 Robert Krueger, Public Works

Lori Littel, Courts
 Maryanne Lynch, Human Assistance
 Wayne McCammond, Sheriff
 Charles Mellor, Agric Commission
 Nancy Mendoza
 Adella Miller, Board of Supervisors
 Michael Miller
 Henrietta Mindermann, Social Services
 Karen Norcia, Human Assistance
 Paul Olson, Human Assistance
 Richard Ranson, Public Works
 Harvey Reed, Public Works
 Juanito Regadio, General Services
 Joanne Richmond
 James Robinson, General Services
 James Rodni, Public Works
 Kathleen Romo, Health & Human Services
 Ida Shannon, Health & Human Services
 Carol Stone
 Diana Tucker, District Attorney
 Louella Urbanczyk
 William Wilcoxin
 Robert Wills, General Services
 Leroy Worden, District Attorney
 Elwood Youman, Sheriff
 Patricia Ziegler, Health & Human Services

Thanksgiving dinners take 18 hours to prepare. They are consumed in 12 minutes. Half times take 12 minutes. This is not a coincidence....

Erma Brombeck

The surviving spouse of a member is eligible for SCREA membership. The application may be found on our website at www.saccountyretirees.com/forms. For enrollment assistance, please contact Sue Murray, Chair, Membership Committee at msmurray03@gmail.com.

Jane Smith, Chair, Sunshine Committee, sends **sympathy cards** to families of our members when we are notified of a death. Jane also sends get well cards to our members who are experiencing health problems. Jane can be contacted at districtfiveretired@yahoo.com.

Correction

I apologize for misspelling a deceased retiree's name in the Fall News Briefs. Carla Kyra should have been Carla Tyra.

Pam Thomas, Editor

Goodbye from Elween Ivey - It has been a great pleasure serving on the SCREA Board over the past 5 years. I have had many fun and rewarding opportunities and made additional friends in our SCREA Organization. I am stepping down from my position effective September 30, 2022. Family needs have changed and it has made it more difficult to commit to assisting on the Board.

I want to thank all those I have worked with for welcoming me and for my opportunity to get to know more individuals in our organization. I plan on continuing my membership and attendance at our lunches and picnic whenever I can. Thank you again to our wonderful SCREA Organization for your hard work on behalf of Sacramento County Retirees.

Elween

Please welcome a two new Board members!

Gregory Leafe - I served 22 years with the County starting with the Department of Human Assistance as a Human Services Specialist. I then transferred to the Program Integrity (Investigations) Division. I worked in the Early Fraud Bureau and prior to retirement in the Administrative Disqualifications Hearings unit, I was assigned and trained with the Sacramento County Emergency Operations center.

Prior to coming to Sacramento County I worked in juvenile residential treatment as well as spending over ten years on the streets as an Emergency Medical Technician and Paramedic.

My volunteer work included 35 years with the Drowning Accident Rescue Team (DART) as the Chief of Operations, operational diver, Swiftwater Rescue Technician and instructor. I also served as board member and board officer.

I look forward to working with the members and board of the Sacramento County Retired Employees Association to further the association and benefits to its members.



Rick Griggs - Hello, my name is Rick Griggs and I have recently been appointed to the Sacramento County Employees Retirement Board.

I have spent 30+ years as a professional firefighter and retired in 2019 as a Battalion Chief. I also worked as a licensed general contractor for 30+

years as well. My education includes a Masters Degree and Terrorism and Security Studies from the United States Naval Post Graduate School.

My recreation is having fun with my family, traveling, flying helicopters and airplanes, and scuba diving.

My goal is to use my knowledge and experience to assist the current board protecting benefits and legislation for Sacramento County Retirees.

ANNUAL SCREA HOLIDAY LUNCHEON

By Nancy Gust, Chair, Program Committee

DECEMBER 12, 2022, Monday 11:00 – 2:00 pm

We held our Annual Kiyoshi “Pat” Adachi Picnic at Mather Lake Regional Park. It was a beautiful day. Supervisor Don Nottoli and Eric Stern, SCERS CEO joined us for lunch and a chat. We had visitors from the Contra Costa County Association and San Diego. Thank you to all the SCREA board of directors and members who helped set-up and clean-up.

Please join us for our Annual Holiday Luncheon at the Hilton Hotel Ballroom
2200 Harvard Street, Sacramento, CA

11:00 a.m. NO-HOST BAR – 12:00 p.m. LUNCH
Raffle after lunch

The menu this year will include three (3) choices:

1. Chicken Rosemary with Garlic Demi and Lemon, Yukon Gold Mashed Potatoes, or
2. Roasted Pork Loin with Caramelized Apples & Cranberries with Au Gratin potatoes, or
3. Butternut Squash Ravioli with Sage butter

Each dish comes with a Mixed Green Salad with a choice of dressings, Fresh Vegetables du Jour, wheat/white soft dinner rolls w/butter, fresh brewed coffee, regular or decaffeinated, hot or iced tea, water.

For dessert they will alternate a Chocolate Brownie with Caramel Sauce and a Lemon Bar with Raspberry Sauce.

COST: MEMBERS ARE \$25.00 AND NON-MEMBERS ARE \$ 48.00

Please let me know if you have any special dietary requests on your reservation form.

Please complete the reservation form found on the back of the News Briefs and return by the deadline, Wednesday, November 23, 2022. If you put your check in the mail close to or on the deadline PLEASE email njgust@hotmail.com or call me at (916) 725-6752 so I can have the correct count. All meals given for the final count must be paid for. No refunds after November 23, 2022.

The door prizes will be provided by SCREA, the Sacramento Credit Union, John Descamp’s Annual Christmas Gift Fund, the Lawrence Effinger Estate Fund, and the Adachi Memorial Fund. John Descamp, former CEO of the Sacramento County Employees Retirement System, made donations to SCREA to fund \$500 worth of raffle prizes for the Holiday Luncheons. The Lawrence Effinger Estate Fund and Adachi Memorial fund are to be used for raffle prizes at all the luncheons. Special thanks to John Descamp, Sacramento Credit Union, the Lawrence Effinger Fund, and the Adachi Memorial Fund.

Directions: Coming from Roseville on Hwy 80, exit at Arden Way 10A, turn right at light, right on Harvard Street, right into the Hilton parking lot. Coming from the South or Hwy 50 take Arden Way Exit 9B, keep left to take Arden Way W ramp, keep left and then a slight right onto Arden Way. Follow the above directions from Harvard Street on. Parking is free and is in front and on the sides of the hotel. If you must take a parking ticket you will not have to pay to exit, the arms will be up when we leave.

UPDATE FROM THE EMPLOYEE BENEFITS OFFICE

By Donna Bonnell, Employee Benefits Supervisor

As the holidays approach, and family get-togethers occur, we're bringing back our annual holiday reminders. The benefits team would like to encourage you to continue to stay healthy, be proactive and do not hesitate to use your medical provider's resources when necessary. To fully enjoy the holidays, here are some tips:

- Keep up with your annual check-ups. It's a great way to ensure you stay healthy. If you do have any health concerns, connect with your doctor. Remember, most doctors can now schedule a "virtual" visit with you over the phone/computer.
- Consider getting a flu shot – generally, your medical providers/ pharmacies will provide the flu shot at little cost or free of charge.
- Keep up to date with your prescriptions – most providers/pharmacies have mail-order options and some even deliver.
- Eat healthy and stay hydrated – While the holiday season brings lots of great food, continue to eat healthy and be sure to stay hydrated with lots of water.
- Stay active while staying festive – Moderate activity such as a walk around the neighborhood to view holiday decorations goes a long way to keeping you healthy.
- Get plenty of rest - studies show that getting plenty of high quality sleep can counter-act stress that accelerates aging.

If you have any questions or need anything from the Employee Benefits team, just call or email us: 916-874-2020 or MyRetireeBenefits@saccounty.gov. You can also visit our website at: <https://personnel.saccounty.gov/Benefits/Pages/default.aspx>

Stay safe, and enjoy the holidays!

Introducing our dedicated Fidelity Representative:

Did you know that as a retiree you still have access to our dedicated Fidelity Representative, Mike Gomes? As part of your plan benefits, you can meet with Mike by phone, video conference or in-person at specific County locations.

To find out more about what Mike can do for you, visit the Fidelity communications website at: <https://communications.fidelity.com/tem/ask-us-anything/> or call Mike at **800-642-7131** to schedule an appointment at a time that works for you.

For your information and convenience, below are some important phone numbers and addresses:

SCERS:

916-874-9119, 980 9th Street, Suite 1900,
Sacramento, CA 95814-2739

Employee Benefits Office:

916-874-2020, 700 H Street,
Sacramento, CA 95814-2739

SCREA's Board members are listed on the back page of this newsletter.

The SCREA News Briefs is published quarterly. Information presented in our News Briefs is believed to be from reliable sources. No responsibility is assumed by SCREA, the Editor or the writers for inaccuracies in the articles published. If you do see an error, please contact our News Briefs Editor, Pamela Thomas, at egishome@gmail.com.

SCREA BOARD VACANCY – SECRETARY

The SCREA Board Secretary position recently became vacant which means we are in **immediate** need of someone to fill this position. Responsibilities include, but are not limited to:

- * attend monthly meetings of the Board;
- * record and prepare minutes for monthly meetings of the Board of Directors and an annual General Membership meeting;
- * act as record keeper for the organization;
- * assure all notices are duly given in accordance with our Bylaws;
- * conduct and maintain full records of incoming and outgoing correspondence;
- * prepare an annual calendar to be distributed to Board members in January; and
- * perform other duties as required by the Board of Directors.

This may sound like a lot, but if needed, other Board members can be requested to assist you. **This is a crucial and very needed position for SCREA.**

If you are interested or have questions, please contact Carol Summers, Chair of our Nominating Committee at mauisummers13@gmail.com. Our Bylaws identifying these responsibilities can be found on our website at sacountyretirees.com.



Tap into your equity and refresh your home.
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SCU offers low, fixed rates on Home Equity Loans. Refresh your home for 2022!

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- Flexible terms
- Low monthly payments

Call (916) 444-6070 or visit SactoCU.org today!

 **SACRAMENTO**
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EQUAL HOUSING OPPORTUNITY NMLS# 402646

The SCREA Board wishes you and your family



Moving? If so, there are **2 very important** places to contact.

First, inform the Retirement Office (SCERS) in writing of your new address so you will not miss receiving your retirement check! Their address is 980 9th St. Suite 1900, Sacramento, CA 95814-2739.

The **second** is SCREA. A change of address form is available on our website. Please complete and send to our P.O. Box listed on page 1.



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Barbara Smith, Past Pres. 916-684-5344
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Bob Weil 916-489-0247

2022 SCREA HOLIDAY LUNCHEON RESERVATION FORM

Hilton Hotel, 2200 Harvard Way, Sacramento 95815
MONDAY, DECEMBER 12, 2022



Member's Name: _____ Phone: _____

Member's Name: _____ Phone: _____

"New" e-mail addresses ONLY: _____

Non-Member's Name: _____ Phone: _____

Non-Member's Name: _____ Phone: _____

____ Member Chicken Rosemary w/garlic demi & lemon, Yukon Gold mashed potatoes \$ 25.00

____ Member Roast Pork Loin w/Caramelized Apples/Cranberries, Au Gratin potatoes \$ 25.00

____ Member Butternut Squash Ravioli with Sage Butter \$ 25.00

____ Non-Member Chicken Rosemary w/garlic demi & lemon, Yukon Gold mashed potatoes \$ 48.00

____ Non-Member Roast Pork Loin w/Caramelized Apple/Cranberry, Au Gratin potatoes \$ 48.00

____ Non-Member Butternut Squash Ravioli with Sage Butter \$ 48.00

TOTAL AMOUNT ENCLOSED _____

RESERVATION DEADLINE: **NOVEMBER 23, 2022**

PLEASE NOTE ON YOUR RESERVATION FORM IF YOU HAVE SPECIAL DIETARY NEEDS. **ALL CANCELLATIONS MUST BE CALLED IN BY THE RESERVATION DEADLINE (11/23/2022).** PLEASE DO NOT SEND CASH. **SEND THIS FORM** AND A CHECK PAYABLE TO SCREA, TO P.O. BOX 573, FAIR OAKS CA 95628