



NEWS BRIEFS

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SACRAMENTO COUNTY RETIRED EMPLOYEES ASSOCIATION
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www.saccountyretirees.com

2022 Fall Issue

Pamela Thomas, Editor

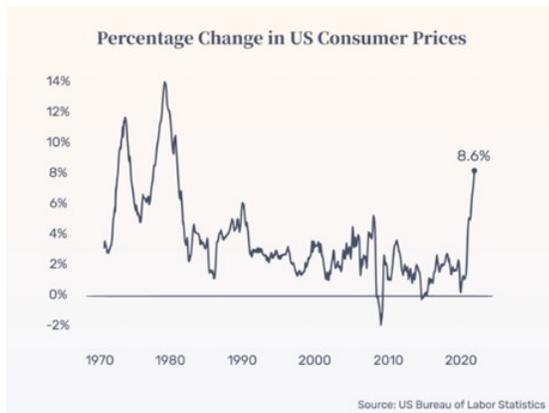


PRESIDENT'S MESSAGE *By Randal Angeloni, President*

Hello, SCREA...

The last 2.5 years were very difficult. The Covid pandemic left no part of the globe unaffected. Governments throughout the world watched billions of people go in and out of quarantine. The USA had more deaths per 100,000 people than most other countries. Which confuses me because we had the vaccine early on.

One of the steps the USA took during the pandemic, when many people were under quarantine at home, was to inject large amounts of money into the economy to help keep people sheltered and fed. Many industries downsized or even shut down during the COVID which shrunk the economy substantially. The oil industry, the airline industry, transportation and travel were downsized to survive. Now, we are watching gas prices go through the roof and the price of food and housing go out of control. It appears these industries cannot just go back to normal in an instant. Lack of fuel, labor and distribution of supplies have created shortages which leads to increases in the cost of almost everything.



The war in Europe has exacerbated the limitation of supplies and distribution. But corporate greed also plays a role in the increased costs. With housing, food and transportation costs increasing at an alarming rate the FED stepped in and raised interest rates to slow the overheated economy. The huge influx of Government money during the shutdown, which was necessary to keep people alive and sheltered, is now coming home to roost. Consumer price increases are at 40-year highs. These are indications of recessionary pressures that loom on the horizon.

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*First Day of
Autumn
is September 22*

PRESIDENT’S MESSAGE, *continued from page 1*

What can we do to limit the effects of inflation and recession for our families?

- Have a budget and savings plan.
- Be frugal
- Maintain a savings cushion and build an emergency fund.
- Sell stuff you don’t need.
- Try to find multiple income streams.
- Pay down your debt ASAP.
- Delay or avoid major purchases.
- Identify support systems. Maintain a list of government and other resources for low-income families.

Now some good news!

- At least 50% of the USA’s fresh fruit produce is cultivated in California.
- California has the lowest energy use (per capita) of any USA state.
- The solar energy market has grown more rapidly in California than in any other part of the USA. The State has a number of solar energy plants and 1.2 gigawatts capacity, which equals two large traditional power plants.
- Pleasant weather.
- Abundant recreation.
- Still the 5th largest economy in the world.
- One of the highest life expectancies, only surpassed by Hawaii.
- In 2021, California had a \$31 billion dollar surplus.

Stay safe and be frugal. We’ll get through this!

Randal Angeloni
President, Sacramento County Retired Employees Association

 * *A big thank you* *
 * to Jan Summers for her time *
 * spent on the SCREA *
 * Board of Directors *



As of June 30, 2022, SCREA now has a total of **4,819 members!!** Members consist of retired Sacramento County employees and/or their spouses (associate members).

The membership application for retirees and/or a spouse is available at SCREA's website, **www.saccountyretirees.com/membership**.

If you have any questions, please contact Sue Murray, Chair, Membership Committee at 916-359-6394 or at **msmurray03@gmail.com** .



SCREA extends our deepest sympathy to family & friends of retirees listed below. This list identifies those reported from March thru May 2022

Joseph Alessandri, Public Works
 Ronald Allison, OCIT
 Arvilla Beers, DHHS
 Carol Ann Bezanson, Courts
 Ralph Blasingame, Sheriff
 Margaret Bossert, Human Assistance
 Richard Burkhard, Probation
 Michael Burzynski, DHHS
 John Cannon, General Services
 Herman Carter, Human Assistance
 Phillip Daneau, DHHS
 Ralph Deloach, Probation
 Lucille DeRose, Library
 Mary Drummond, DHHS
 Jim Fair, Public Works
 Ginette Fields, General Services
 Judith Flint, County Schools
 Denise Foos, Human Assistance
 Terry Lee Garrett, Human Assistance
 Charles Harris, DHHS
 Judy Heater, SETA
 Ann Heredia, Health
 Kenneth Horst
 Joan Horton
 Denise Johnson, Probation
 Buddy Jones, SRCD
 Jose Juarez, Public Works
 Robert Lavelle
 James Leonard, Parks
 Sharon Looper, Human Assistance
 Gene Madison, Sheriff
 John Marti, Probation
 John Minkler, Airports
 Annette Mitchell, Child Support Services

Bernice Pagenkopf, Voter Registration
 George Parker, Library
 Robert Pasquetti, General Services
 Jack Petty, MSA
 Daisy Poon, UCD/Medical Center
 Kathleen Pratchen, Courts
 Joseph Rill
 Natalya Rockwell, Water Resources
 Marcello Santos Romero, Sheriff
 Benjamin Sato, Sheriff
 Kelly Scharosch, Courts
 Charles Schiro, Probation
 Margery Schleh, Courts
 Karl Schmidt, Airports
 Kathryn Scott, Human Assistance
 Lila Sills, Voter Registration
 Robert E. Smith, Sheriff
 Carol Spalding, Coroner
 Lois Spencer, Sheriff
 Helen Stephenson, Medical Systems
 James Stepp, DHHS
 Janis Stone, District Attorney
 Raynoldo Tellez, Public Works
 Toni Tidman, Courts
 Jackie Townsend, Human Assistance
 Carla Kyra, Human Assistance
 Michael Violett, General Services
 Michael Wagenhals, Sheriff
 Warren Warner, Sheriff
 Virginia Webster, DHHS
 William Whitaker, Probation
 Karen Wilkendorf, Personnel Services
 Frank Wong

The surviving spouse of a member is eligible for SCREA membership. The application may be found on our website at www.saccountyretirees.com/forms. For enrollment assistance, please contact Sue Murray, Chair, Membership Committee at 916-359-6394 or msmurray03@gmail.com.

Jane Smith, Chair, Sunshine Committee, sends **sympathy cards** to families of our members when we are notified of a death. Jane also sends get well cards to our members who are experiencing health problems.

If you know of a member who would be cheered by receiving a card from SCREA, you may contact Jane at 916-786-6502 or at districtfiveretired@yahoo.com.



WELCOME NEW SCREA MEMBERS!

Steven Baird, Technology
 Diana Gin, Personnel Services
 Ann Mitchell, DHHS
 Patricia Kelley, Sheriff
 Cecilia Perez
 Cynthia Raley, Finance
 Donna Scranton
 Shirley Thomas
 Linda Warren, Child Protective Services



**Columbus Day is
Monday, October 10**

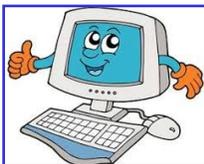


Meet Larry Rodriguez, Your New SCREA Board Member

I served a short 5+ years as an employee of Sacramento County. I worked in the Construction Management and Inspection Division reviewing building plans and also as the lead Inspector and manager of construction contracts that the County built for agencies within the County. The largest and final project that I worked on was the construction of the new Terminal B at the Sacramento International Airport. I was the lead inspector and Quality Control coordinator with the General Contractor, Walsh Construction Co.

Before working for Sacramento County, I was a commercial Construction Manager where I built buildings for the Coast Guard, the C.H.P. and a number of projects at Beale Air Force Base and Travis Air Force Base. I was also a General Contractor doing both commercial work and residential work.

My volunteer work includes being a volunteer fireman, ambulance driver and a Town Councilman in Butte Falls, Oregon. In Sacramento I have worked with Visit Sacramento at the Tour of California bicycle races for 4 years and other events that they hold. I was the Building Inspectors' Representative in the ETTI Union when I worked for Sacramento County. I am also a USATF Official doing track meets both locally and nationally.



Visit SCREA's website at www.saccountyretirees.com to get updated info and keep informed on various issues affecting County retirees. You can also read our newsletters and subscribe to receive emails when the website is updated.



ANNUAL KIYOSHI “PAT” ADACHI PICNIC
FRIDAY, SEPTEMBER 16, 2022
MATHER LAKE REGIONAL PARK, ROTARY GROVE
4111 Old Eagle Nest Rd, Mather CA 95655
SOCIAL: 11:00 AM; LUNCH: NOON
By Nancy Gust, Chair, Program Committee

Our last luncheon was held at the Dante Club on June 17th. Small turnout but we had a nice time. It is time for our Annual Kiyoshi “Pat” Adachi Picnic at Mather Lake Regional Park off Zinfandel Drive. (See directions below)

The menu will include Tri Tip and Chicken, chicken mango rice, green beans, mixed green salad, rolls and cookies for dessert. For the Vegetarians there will be Vegetarian lasagna. Water and soda will be provided by SCREA.

Cost will be \$20.00 for Members and \$28.00 for Non-Members

The Health Department regulations do not allow the caterer to release any leftover food at the end of the picnic. Seconds will be allowed after everyone has been through the line and served.

Everyone must complete the reservation form found on the back of this News Briefs. **The deadline for reservations is Tuesday, August 23, 2022.** If you put your check in the mail close to or on the due date, please email njgust@hotmail.com or call me at (916) 725-6752 so I can have the correct count for the caterer. All meals given for the final count must be paid for. **Cancellations may be made up to the reservation deadline of August 23, 2022.**

Parking: Everyone will have to stop at the table by the parking kiosk so we can give you a parking pass before you park. We will also give you your registration packet.

The directions to Mather Lake Regional Park, Rotary Grove are as follows:

From Folsom, CA (Hwy 50)

Take Hwy 50 and exit at Sunrise Blvd. Turn left at top of ramp. Continue on Sunrise Blvd for approx. 4 miles then turn right on Douglas Rd. Continue on Douglas Rd for approx. 1 mile and turn left onto Zinfandel Dr. Look for entrance and signs on the left.

For those traveling South on Sunrise Blvd.

Continue on Sunrise Blvd across Hwy 50, past Folsom Blvd. After you pass Folsom Blvd. your four-mile counter starts and follow the directions above to turn right on Douglas Rd, then left on Zinfandel Drive.

From Hwy 99 or Hwy 80

Take your respective freeways to Hwy 50 and head towards Placerville/Lake Tahoe. Once you are on Hwy 50, you will take the Zinfandel Drive exit and turn right. Follow Zinfandel Drive until you pass Douglas Rd. Park entrance will be on your left.

For all drivers - If you get to the golf course you went too far.

SEE’S CANDY SALES, By Nancy Gust, Chair Program Committee

SCREA will be offering See’s \$25.00 gift cards at a discounted price of \$22.00. We will have them available for purchase at the Annual Kiyoshi “Pat” Adachi Picnic. If you would like to purchase more than two (2) gift cards, please email me (njgust@hotmail.com) or call (916) 725-6752 and tell me how many you would like. It will be check or cash only at the picnic.

Nominating Committee SCREA Board Election Results

By Carol Summers, Chair, Nominating Committee

On June 17, 2022, at the annual general membership meeting and election at the Dante Club, the following slate of candidates was introduced to the membership:

Randal Angeloni
Eloween Ivey
Alice Jarboe
Barbara Smith

No other nominations were made from the floor. Members were asked to approve the slate of candidates by a voice vote. All members approved the slate of candidates with no objections. The vote was unanimous. This slate of candidates will serve from July 2022 to June 2025.

At the May 9, 2022 SCREA Board meeting, Larry Rodriguez was appointed by Board President Randal Angeloni to fill a vacant board position. His term of office is until 2024. Mr. Rodriguez worked for Sacramento County as a building inspector and in the Construction Management/Architecture Department. His last project before retirement was as a lead inspector/construction manager at the new Airport Terminal B construction project.

As for his volunteer work, he is a Master USATF Official, a volunteer at the California International Marathon and the Amgen tours of California. We welcome Larry to our board with his wide range of professional and volunteer credentials.

We still have one unfilled SCREA Board vacancy and I would encourage any interested active members to consider becoming a Board member. Please contact me at ***maui-summers13@gmail.com*** if you are interested in applying or have any questions.

For your information and convenience, below are some important phone numbers and addresses:

SCERS:
916-874-9119, 980 9th Street, Suite 1900,
Sacramento, CA 95814-2739

Employee Benefits Office:
916-874-2020, 700 H Street,
Sacramento, CA 95814-2739

SCREA's Board members are listed on the back page of this newsletter.

The SCREA News Briefs is published quarterly. Information presented in our News Briefs is believed to be from reliable sources. No responsibility is assumed by SCREA, the Editor or the writers for inaccuracies in the articles published.

However, if you do see an error, please bring it to the attention of the News Briefs Editor, Pamela Thomas, at *egishome@gmail.com*.

*Sunday,
September 11 is
Grandparents Day.*

UPDATE FROM THE EMPLOYEE BENEFITS OFFICE

By Donna Bonnell, Employee Benefits Supervisor

Deferred Compensation:

The County and Fidelity are partnering to celebrate our retirees! We're dedicating the month of August as "Retiree Month" and conducting a number of events geared directly to our retiree investing.

We've scheduled two in person events and two virtual sessions you can attend:

Date	Event	Location	Time
8/10	Market Volatility/ Market Update	Luncheon: Fidelity Center 2277 Fair Oaks Blvd, Suite 150 Sacramento, CA 95825	11:30-12:30
8/18	Charitable Giving and Estate Planning presentation	Virtual Session	12:00-12:45
8/25	Planning for income in retirement (with pension discussion layered in)	Cocktail Hour: Fidelity Center 2277 Fair Oaks Blvd, Suite 150 Sacramento, CA 95825	5:00-6:00
8/31	Social Security and Medicare Overview	Virtual Session	12:00-12:45

Please join us at any or all of the events! Links to the virtual sessions can be found on our website at: <https://personnel.saccounty.net/Benefits/Pages/default.aspx>

2023 Open Enrollment:

This year's OE dates are October 3rd through 28th. Materials will be sent to your home in mid-September. Highlights include:

- All carriers remain the same
- Rate increases were modest this year with most below 5%
- Kaiser will modify how they charge the out-of-area participants. Details will be in the 2023 Retiree Summary
- UHC is now offering a no-cost option of monitored alerts called: LifeLine. Additional information will be included in the Open Enrollment materials.

We are currently planning an in-person retiree event during open enrollment. The date and location will be announced in the Open Enrollment materials.

If you have any questions or need any additional information, please call us at: 916-874-2020 or email us at myretireebenefits@saccounty.gov.



As a member of SCREA, take advantage of the FREE services of your affiliate, MySeniorHealthPlan.com! They work exclusively with the Medicare-eligible population to ensure that our members are not overpaying for health insurance premiums.

Our partnership provides you with a FREE review of all your Medicare insurance options, including those provided by Sacramento County. Call 1-866-424-0603 to schedule your free personal review. You will speak with a licensed Medicare specialist who will examine all your healthcare needs and begin the Medicare education process with you. Once you have chosen a plan that fits your needs and budget, MySeniorHealthPlan.com will help you through the enrollment process. 2022 Sacramento County Medicare plans start as low as \$0.00 premium per month! Average savings can range from \$150-\$500 per month.

If you'd like to see how much you can save, call 1-866-424-0603 or visit <https://calendly.com/mshp/screa>. We encourage you to take advantage of this free SCREA benefit!



Sacramento County's Gifts from the Heart Program Needs YOU!

What is Gifts from the Heart?

Founded in 1988, the Gifts from the Heart (GFTH) program is an annual holiday gift-giving program that provides gifts to children, teens, disabled adults and seniors. These clients are served within County programs, including Child Protective Services, Adult Protective Services, In-Home Supportive Services and the Public Guardian/Conservator, in the Department of Child, Family & Adult Services (DCFAS). Each season, more than 90 community organizations and private sponsors donate 10,000 gifts to over 3,000 vulnerable and isolated clients who would otherwise be without holiday gifts.

How does the Gifts from the Heart program work?

All gift recipients are referred by their social workers, who send in "wish lists" for each client. Those "wish lists" are then matched up with sponsors who purchase the gift(s), wrap them, then "bag and tag" for pick-up by volunteers or deliver them themselves to the Gifts from the Heart warehouse. Gifts are then delivered to the client's social worker for delivery; some senior gifts are delivered by GFTH volunteer drivers, using assigned vehicles.

Continued on page 9

Sacramento County's Gifts from the Heart Program Needs YOU! *Continued from page 8*

Can I volunteer with Gifts from the Heart?

Yes! Many of our volunteers are retired former Sacramento County employees who assist with gift pick-up from sponsors, distribution, delivery, sorting, loading and unloading gifts during the first three weeks of December each year. Volunteers will be working in a warehouse near Folsom Boulevard and Power Inn Road for the three-week period. Scheduling is flexible and volunteers must be able to lift 30 lbs. or more with no physical limitation to bend or reach. All volunteers must pass a criminal background screening (at no cost to the volunteer), and should be willing to work as part of a team with community partner agencies, department staff, social workers and other volunteers.

How can I become a Volunteer with Gifts from the Heart?

Contact Tonja Edelman, GFTH Coordinator, at EdelmanT@saccounty.net or (916) 875-2027 for an application.

Where can I learn more about the Gifts from the Heart Program?

You can learn more about the program at our website: <https://dcfas.saccounty.net/Admin/VOL/Pages/GI-GFTH-Questions-Answers.aspx>.

Remember to change your clock!

Daylight savings ends November 6




Tap into your equity and refresh your home.

Sacramento Credit Union can help!

SCU offers low, fixed rates on Home Equity Loans. Refresh your home for 2022!

- Borrow up to 80% of your home's equity
- Flexible terms
- Low monthly payments

Call (916) 444-6070 or visit SactoCU.org today!

 **SACRAMENTO**
CREDIT UNION

 EQUAL HOUSING OPPORTUNITY NMLS# 402645



VOLUNTEERS NEEDED!

By Ed Thomas, Docent
**Sacramento Southern Railroad & California State
 Railroad Museum**

The California State Railroad Museum (CSRR) is looking for volunteers that enjoy inspiring visitors of all ages and explaining to them the history and importance of the railroad and how it affected the growth of California. Many special train excursions are scheduled throughout the year including Farm-to-Fork Cocktail Train, Halloween Train and the Polar Express where docents may work. Polar Express volunteer training usually occurs during the month of October. You are not required to be a docent to volunteer for Polar Express.

Volunteer and docent training typically takes place two times a year: spring and fall. There are two paths volunteers may follow: work in the Railroad Museum and/or with the Sacramento Southern Railroad (SSRR).

Changes to Docent/Volunteer Training

Upon entry to the volunteer program, there two training paths new volunteers may choose from: The Railroad Museum or SSRR. The first few sessions are attended by all volunteers together. After learning how to interpret, docent trainees will then decide which path to take. Museum docents will follow a specific training schedule; however, those who want to be involved with SSRR operations, including signals, working on the trains, etc., will complete a different training.

Should you decide to volunteer at the museum, there are a wide variety of opportunities such as: Library & Archives, School Programs, Maintenance of Way, Signals Maintainer, Upholstery Shop, Huntington Hopkins Hardware Store, Research, Tour Guide and more.

Volunteers are asked to work at least 84 hours per year, which equals seven hours per month. You will choose the program(s) in which you work and what days and times you volunteer. There is no fee to become a volunteer and parking in the Museum's parking lot is made available to volunteers on a first-come, first-serve basis.

For further details about volunteering at the California State Railroad Museum and the Old Sacramento to State Historic Park, please email them at allaboard.csrn@parks.ca.gov or call (916) 445-0269. You can also find more information on our volunteer program by visiting our website at www.californiarailroad.museum/get-involved/volunteer.

ATTEND A SCREA BOARD MEETING...

SCREA members are always welcome to join us for our monthly Board meetings.

All meetings begin at 9:30 am and are held on the first Monday of each month. If the first Monday is a holiday, the meeting is held the following Monday.

SCREA Board meetings are commonly held at the Rancho Cordova Police Department, 2897 Kilgore Road, Rancho Cordova.

If you would like to attend one of our meetings, please confirm the location with any Board member listed on the back of this newsletter.

What do witches put on to go
 trick-or-treating? Mas-scare-a.



He-he-he, beware!!
 Halloween is coming
 October 31....

Did you know? Voting in California is simple

- All California voters will be mailed a ballot
- You can return your ballot:
 - ◆ By mail, no postage needed
 - ◆ In person at any Vote Center
 - Vote Centers begin opening 10 days before the election and all are open Election Day from 7 am to 8 pm
 - ◆ At a Ballot Drop Box
 - All Drop Boxes are open 29 days before the election



Election Day is November 8, 2022

FOR MORE INFORMATION, VISIT THE CALIFORNIA SECRETARY OF STATE'S WEBSITE AT: <https://www.sos.ca.gov/elections>

Moving? If so, there are **2 very important** places to contact.

First, inform the Retirement Office (SCERS) in writing of your new address so you will not miss receiving your retirement check! Their address is 980 9th St. Suite 1900, Sacramento, CA 95814-2739.

The **second** is SCREA. Please complete the form below and forward it to SCREA at the address on the form so you can continue receiving your quarterly News Briefs.

Change of Address, Telephone or Email?
Please fill out and mail this notice to:
SCREA Change of Address, P.O. Box 573,
Fair Oaks, CA 95628

Name(s) _____

New Address: _____

City _____ State: _____ Zip: _____

Telephone: _____ Email: _____

Effective date for change: _____



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Carol Summers 808-269-1048
Pamela Thomas 209-912-4312
Bob Weil 916-489-0247

ANNUAL KIYOSHI "PAT" ADACHI PICNIC MATHER LAKE REGIONAL PARK (ROTARY GROVE) RESERVATION FORM FRIDAY, SEPTEMBER 16, 2022

Member Name: _____ Phone: _____

Member Name: _____ Phone: _____

"New" e-mail addresses ONLY: _____

Non-Members Name: _____ Phone: _____

Non-Member- Name: _____ Phone: _____

_____ Member Tri Tip/Chicken \$ 20.00

_____ Member Vegetarian Lasagna \$ 20.00

_____ Non-Member Tri Tip/Chicken \$ 28.00

_____ Non-Member Vegetarian Lasagna \$ 28.00

TOTAL CHECK ENCLOSED _____

NO FOOD MAY BE TAKEN HOME FROM THE EVENT BECAUSE OF HEALTH AND SAFETY REGULATIONS

RESERVATION DEADLINE: **TUESDAY, AUGUST 23, 2022**

PLEASE NOTE ON YOUR RESERVATION FORM IF YOU HAVE SPECIAL DIETARY NEEDS. **ALL CANCEL-LATIONS MUST BE CALLED IN BY THE RESERVATION DEADLINE (08/23/2022).** PLEASE DO NOT SEND CASH. **SEND THIS FORM** AND A CHECK PAYABLE TO SCREA, TO **SCREA, P.O. BOX 573, FAIR OAKS CA 95628.**