



# NEWS BRIEFS

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SACRAMENTO COUNTY RETIRED EMPLOYEES ASSOCIATION  
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www.sccountyretirees.com

2019, Volume 2

Pamela Thomas, Editor



## PRESIDENT'S CORNER By Barbara Smith, President

Spring has sprung and my time has come. This will be my last President's message as my term will be up at the end of June this year. I will remain on the SCREA Board of Directors as your Past President in an advisory position. My decision not to run again as a Board member was based on my interest in other activities. I have thoroughly enjoyed my time on the SCREA Board and am honored to have been your President.

Several Board members and I will be attending the upcoming California Retired County Employees Association (CRCEA) conference being held in San Diego later this month. This organization represents the 20 California retired employee associations that have their own retirement systems. We will be attending presentations geared to retiree issues and will also participate in round table discussions with the other associations. I will report on the conference in the next News Briefs. (On page 5 you will find an article regarding a topic discussed at the 2018 CRCEA conference.)

Your association has been busy with planning events for our retirees (i.e. River Cats games and quarterly luncheons). Be sure to check out our upcoming events in this issue.

Again, thank you for allowing me to be your President and I hope to see you at our events.

Barbara (Bubba)

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June 21—  
1st day of summer





**SCREA extends our deepest sympathy to family and friends of retirees listed below. This list covers January thru March 2019**

Max Almaguer, Welfare  
 Christine Andis, County Executive  
 Stella Aterrado  
 Suzanne Bilger, UC Davis  
 Kathleen Brabazon  
 Kenneth Brown, Probation  
 Warren Coffeen, Human Assistance  
 Nathan Craddock, Waste Management  
 & Recycling  
 Albert Curtis, Sacramento Area  
 Sewer District  
 Lois Dawson, Probation  
 Fay Ann Dice  
 Roderic Felion, Coroner  
 Bruce Fox, Waste Management  
 & Recycling  
 Patricia Fox  
 Wallace Fung, Assessor  
 Dwight Gilmore, Public Works  
 Emalorene Halligan  
 Linda Hartel-Fraser, Health &  
 Human Services  
 Shirley Helmer-Lampson, Welfare  
 Bernice Hicks  
 Edwin Klingelhofer  
 Catherine Krisor, Child Support Services  
 Louis Layton, Public Works  
 Donald Leong, Public Works  
 Charles Lewis, Airports

Patricia Links, District Attorney  
 Marvin Magers, Sheriff  
 John Melnicoe, Health &  
 Human Services  
 James Miller, Sheriff  
 Sara Moss, County Clerk  
 Frank Nein, Probation  
 Noel Nelson, Probation  
 George Radovich  
 John Reynolds, Public Works  
 Marcelino Rivera, General Services  
 Robert Scott, Finance  
 Velma Simpson  
 Pancho Sokolov, Sacramento Area  
 Sewer District  
 Burt Spaulding  
 Mary Taylor, Environmental Management  
 Carol Turner, Finance  
 Pansy Vincent, Health  
 Robert Wall, Library  
 Jean Whittlesey, Library  
 Dale L. Willes, SETA  
 Richard Williams, ISA (FPARE)  
 Bonnie Willis  
 Pastricia Witt, Human Assistance  
 James Wood, Human Assistance  
 William Woodel, Sheriff  
 Edward Yee, Veteran Services

The surviving spouse of a member is eligible for SCREA membership. The application is on our website at [www.saccountyretirees.com/](http://www.saccountyretirees.com/). For enrollment assistance, please contact **Sue Murray, Chair, Membership Committee** at [msmurray03@gmail.com](mailto:msmurray03@gmail.com) or at 916-359-6394.

**Jane Smith, Chair, Sunshine Committee**, sends sympathy cards to families of our members when we are notified of a death. Jane also sends get well cards to our members who are experiencing health problems.

If you know of someone who would be cheered by receiving a card from SCREA, you can contact Jane 916-786-6502 or at [districtfiveretired@yahoo.com](mailto:districtfiveretired@yahoo.com).

SCREA members are always welcome to join us for our monthly Board meetings. All meetings begin at 9:30 am and are held on the first Monday of each month. If the first Monday is a holiday, it is held the following Monday. Most of our meetings are held at the Rancho Cordova Police Department, 2897 Kilgore Road. If you plan on attending a meeting, feel free to contact any Board member (listed on page 12) in advance to confirm the location.



## WELCOME NEW SCREA MEMBERS

Terri Alesci, PHS  
 Sophie Alire, ISD Regional Sanitation District  
 Susan L. Anderson, Dept of Child Support  
 Richardo Avila, Sheriff  
 Michael Baer, Sheriff  
 Jeff Bielcik, Sheriff  
 Ronald & Elena Cano, DHA  
 John & Barbara Chance, DTech  
 Saeng Chao & Mae Saechao, DHA  
 Lainie F. Chavarria, DHA  
 Amber & Stephen Correa, Probation  
 Michelle Crandall, Sheriff  
 Martin & Deana Crosby, Sheriff  
 Daniel DeBerry, DHA  
 Gladys & Merle Deloney, DHA  
 Robyn & Stephen Drivon, County Counsel  
 Raymond Eargle  
 Brian Elliston, Sheriff  
 Gloria Ferreira, Dept of Child Support  
 Steven & Malreem Ferry, Sheriff  
 Elaine Gillespie, Superior Court  
 Dick R. & Valisha Gonzales, Water Resources  
 Brenda Griffin & Christine Paros, DHA  
 Lori A. Guile, Sheriff  
 Teame Haddis, DOT  
 Christine & John Halk, Sheriff  
 Sharon M Henderson, Revenue Recovery  
 Tammy Hinds, Probation  
 Ellen & Robert Humphrey, DPS  
 Vicki & Robert Ibarra, DHA  
 Dixie L. Immoos (surviving spouse)  
 Pamela J. Inman & June Challenger, Sheriff  
 Hilary & Juliana Inneh, DCFAS  
 Jeannette Ishizaki-Cluff, General Services  
 Robert James & Tammy Thale, Sheriff  
 Lisa Jameson, Environmental Management  
 Richard & Sherry Jarvis, Sheriff  
 Kerry Johnson  
 Evan Jonas, DHHS  
 Douglas & Patricia Keller, CRNID  
 Phyllis M. Kidd, DTech  
 Andrea Kirkwood, Revenue Recovery  
 Greg Ladas, Sheriff  
 Ritchie & Deborah Lagger, General Services  
 Pete Larson, Personnel Services

Michael Lee, Public Works  
 Randal D. Lee, DPS  
 Gracie & Larry Lunceford, DOF FS  
 Paul & Trinda Lundholm, Assessor's Office  
 Phat & Stephanie Ma, DHA  
 Keith & Joanne Maddison, Carmichael Parks &  
 Recreation District  
 Richard & Margaret Madrigal, Sheriff  
 Pedro & Agnes Marenco, DTech  
 Rick Youce McCusker, Sheriff  
 Linda McGinnis, Sheriff  
 Lori McLemore, DTech  
 Rosetta McManus, DHA  
 Diane McGuire, MHTC  
 Michelle Mondo, Sheriff  
 Karen L. Morris, Superior Court  
 Gwen & James Morrissey, DHS  
 Addie Morsan, Superior Courts  
 Willie & Susan Myers, Sheriff  
 Lori Mymka, Human Resources  
 Peter O'Connor  
 Idell Joan O'Leary, DHHS  
 Andrew & Leticia Page, Sanitation  
 Jenson Pfeiffer & George Pratt, DCFAS  
 Romahn Pietrek, Sheriff  
 Kathryn T. Regalia, SCERS  
 Steven Roberson, DHA  
 Sylvia Roberts, Sheriff  
 Evelyn & Craig Rudley, Sr., DHA  
 Todd & Shannon Sanderson, Sheriff  
 Jeff & Shelley Saunders, Water Resources  
 William & Carmen Schnathorst, SCERS  
 Eva Schrage, Child, Family and Adult Services  
 Joyce Smiley, DA  
 L. Wayne & Cynthia Stephens, Sheriff  
 Dean & Jeanne Sumpter, SRCSD  
 Michael David & Cynthia Todd, Transportation  
 Lysa & Anthony Voight, Sanitation District Agency  
 Edith D. Walton, Water Resources  
 James Walton, Infrastructure  
 Arthur & Pam Ward, Sheriff  
 Robert Waugh, DHA  
 Wyona West, DHA  
 Stefany Woodson, Dept of Health Services

## BENEFITS UPDATE

*By Donna Bonnel, Employee Benefits Supervisor*

Occasionally, we receive a call letting us know that a retiree is considering moving their funds from Fidelity to another retirement account, such as an IRA or purchasing an annuity. As you consider your options, we wanted to remind you of some of the benefits of keeping your money with Fidelity:

**Low fees** – The County’s Deferred Compensation Plans’ more than \$1B in assets helps keep your fees low and are generally much more competitive than an individual plan. Remember, the lower the fees you pay, the more money that stays in your account to help you maintain maximum retirement income.

If you are considering a move, make sure you know and understand **all** of the fees associated with the new account (including those charged by the broker or investment manager, generally called Expense Ratios). If you are happy with your 457(b) Plans, there may be no reason to make a switch.

**A wide choice of investment options** – You can build a portfolio that matches your goals. Investment options include Target Date Funds, Asset Class Funds, and the self-directed BrokerageLink account.

**Flexible payout options** – There are many distribution options available, including periodic payments (which you can schedule like a regular retirement paycheck), lump-sum withdrawals, and partial withdrawals. You can learn more about your options by calling Fidelity at: 800-343-0860.

**Local non-commissioned representatives** – The County of Sacramento has a dedicated, non-commissioned representative available to meet with you to help you understand your choices and answer questions about the features of your Plan. If you would like to meet with Kristina Currie at one of numerous County locations, you can arrange an appointment by calling: 800-642-7131.

You can also visit a local Fidelity office and meet with one of the local advisors, at no cost, to discuss your investment options, payout options, or any general questions you may have. Offices are located in Sacramento, Roseville and Folsom.

If you are still considering moving your funds from Fidelity, we have created the “Compare Your Plan” document that can be accessed at: <http://www.personnel.saccounty.net/DeferredCompUnit/Pages/LinksandForms.aspx> or by calling Donna Bonnel at: 916-874-4695.

As of the April 1, 2019, Board of Directors meeting, SCREA now has a total of **4,597** members.

Members consist of retired Sacramento County employees and/or spouses.

If you know someone who wants to become a member of SCREA, please refer them to **Sue Murray, Chair, Membership Committee** at 916-359-6394 or [msmurray03@gmail.com](mailto:msmurray03@gmail.com).

The membership application for retirees and/or a spouse is also available on the SCREA website, [www.saccountyretirees.com](http://www.saccountyretirees.com).



## **NOMINATING COMMITTEE REPORT**

*By Carol Summers, Chair, Nominating Committee*

The annual Board of Directors Election will be held on June 10, 2019 at our June Luncheon at the Dante Club. The election will be held at 1:00 p.m. for those members that do not want to attend the luncheon. There are five positions up for election. Four of the five incumbents submitted letters of interest for a full 3-year term, beginning on July 1, 2019. The fifth position is a Past President position and will be filled by Barbara Smith as the outgoing Board President. The incumbent Board members up for re-election are: Randal Angeloni, Eloween Ivey, Alice Jarboe and Jan Summers.

With this election, there will be no vacant positions to be filled. We thank the incumbent Board members for their continued dedication and willingness to continue the goals of SCREA to inform and protect the rights of SCREA members and all retired Sacramento County employees.

If any current SCREA member is interested in becoming a Board member, please contact me, Carol Summers, at [mauisummers13@gmail.com](mailto:mauisummers13@gmail.com). We are always looking for fresh ideas and willing workers. You can come to one of our monthly Board meetings to obtain more information and meet the current Board members. I would like to create a list of potential candidates for the coming year or in case of an unexpected vacancy.

## **REPORT FROM CRCEA 2018 CONFERENCE**

### **“LIVE TO BE 100? YOU BET!**

*By Randal Angeloni, Vice President*

When we were kids, time seemed to go so slowly. We wanted to hurry up and grow up. Most of us watched our parents grow up and then grow old. While children were growing up and their bodies were getting stronger, their parents and grandparents seemed to get more frail and grow weaker. Grey hair and wrinkles were the norm. Why? Why were young people's cells getting stronger, more effective and powerful while their elders were losing their power and growing more frail. We all have learned that age will eventually catch up to us. We treat symptoms of aging, we do not treat the causes. **The big question is: what are the causes of aging and what can we do about it?**

According to Dr. Eric Verdin, president of the Buck Institute for Research on Aging in Novato, living to 100 years old is rare but could eventually become the norm. The Buck Institute is a pioneer in the “Biology of Aging”. The focus of the Buck Institute are all the basic mechanisms of aging, cancer associated with aging, cellular stress and disease, exercise and nutrition amount, and other scientific areas of investigation.

Dr. Gordon Lithgow, Chief Academic Officer, “Research on Aging” Buck Institute. ([www.buckinstitute.org](http://www.buckinstitute.org)) spoke to a group of retirees at the CRCEA Conference in Marin County in October 2018.

*Continued on page 6*

**“LIVE TO BE 100? YOU BET!**, continued from page 5

The goal of the Buck Institute is to end the threat of age-related diseases. It is their belief that it is possible to enjoy your life at 95 as much as you did at 25 by understanding the biology of aging. What they have learned over time is that the mechanisms of aging and disease are tightly linked and that aging can be significantly slowed.

Scientists from the Buck Institute working independently and separately on cures for different diseases “ended up realizing they were focusing on the same pathways”. The common element is “Aging”, Verdin stated.

There is a significant amount of money entering the study of the research of aging. Companies like Google, Amazon, Facebook and the Federal Government are placing big bets and investing amounts of money on the research and development of treatments and strategies to control “Aging”. The global population is growing older and the costs of treating the infirmities of the elderly threatens our economic wellbeing. Age related diseases such as Alzheimer’s, heart disease, diabetes, arthritis and other common age-related frailties are the primary targets.

According to Dr. Lithgow, “Animals have extensive endogenous mechanisms that maintain balance (homeostasis) in young animals. These homeostatic mechanisms degrade with age. We believe that we can prevent this degradation and re-engage these maintenance systems in older animals, which will prevent disease and extend lifespan”.

Lithgow’s specific lab concentrates on identifying small drug-like molecules that re-engage and enhance homeostatic mechanisms in the microscopic nematode worm *C. elegans*. We aim to boost mechanisms that prevent protein misfolding and remove damaged proteins and other forms of molecular damage. Frequently, treatment with such molecules results in lifespan extension of two times or more and postpones disease pathology.

Over time proteins lose their shape (Protein Homeostasis); the goal is to maintain protein shape. A new synthetic drug, “thioflavin T” has been shown to be effective in maintaining protein shape and thus increased longevity. This drug is still in the testing stage and not available for humans at this time. However, in the interim, Dr. Lithgow stated “aging can be reduced by decreasing your caloric intake and increase physical activity.” He also indicated that you should have at least 1,000 units or more of Vitamin D<sup>3</sup> daily”. Childhood diseases are caused by virus or bacteria, all others are caused by aging according to Lithgow.

Statistically, 40% of aging is genetic but 60% of human aging is environmental. The expectation is that life spans of 100 years or more is attainable.

**Armed  
Forces Day  
May 18**



**Memorial  
Day  
May 27**

The information presented in our News Briefs is believed to be from reliable sources. However, no responsibility is assumed by SCREA, the Editor or the writers for inaccuracies in the articles published.



**Sacramento is proud to host the 2019 USATF  
National Junior  
Olympic Championships  
Monday, July 22 - Sunday, July 28  
Hornet Stadium at Sac State**

Over 7,000 young athletes ranging in age from 7 to 18 will compete in the various track and field disciplines, having qualified for this prestigious event through performances at association and regional competitions across the country. Many of the United States Olympians began their careers in the Junior Olympics in years past.

For those that wish to be a part of this exciting event, volunteer opportunities are available in many different areas associated with the competition. Information on these opportunities can be found at [www.saceventcrew.com](http://www.saceventcrew.com). Other information, including ticket availability can be found at [www.sacsports.com](http://www.sacsports.com).

**NEWS BRIEFS CORRECTION:** In the 2019 Volume 1 newsletter the address for the Friends of the Library Book Den was incorrect. The correct address is **8250 Belvedere Avenue, Suite E**, Sacramento 95826, phone 916-731-8493.

For your information, here are some important phone numbers and addresses:

**SCERS:**

916-874-9119, 980 9th St., Suite 1900,  
Sacramento, CA 95814-2739

**Employee Benefits Office:**

916-874-2020, 700 H Street,  
Sacramento, CA 95814-2739

**Blood Source:**

916-456-1500 or 866-822-5663 or [blood-source.org](http://blood-source.org), SCREA Donor #6855

**Flag Day is  
June 14**



Visit SCREA's website at [www.saccountyretirees.com](http://www.saccountyretirees.com) to get updated info and keep informed on various issues affecting County retirees.

You can also read this newsletter and subscribe to receive emails when the website is updated.

## SCREA'S JUNE LUNCHEON

By Nancy Gust, Chair, Program Committee

Monday, June 10, 2019

DANTE CLUB

2330 Fair Oaks Blvd, Sacramento, CA 95825

**11:00 a.m. NO-HOST BAR - 12:00 p.m. LUNCH**

The March Luncheon was held at the Hilton Hotel and we all had a good time. Our special guest was SCERS CEO Eric Stern. He shared that the Tier 1 Cola's will be 4% and Tiers 3, 4, and 5 will get 2%. The Retirement system is funded at 82-83% with a projected rate of return of 7% for the current fiscal year.

We will be returning to the Dante Club for the June Luncheon. This location is off Fair Oaks Boulevard between Howe Avenue and Fulton Avenue. Door prizes will be provided by SCREA, the Lawrence Effinger Estate Fund and the Adachi Memorial Fund.

The menu this year includes:

1. Lemon Chicken
2. Ravioli with Basil Parmesan Sauce

Each entree comes with mixed green salad, roasted potatoes, seasonal vegetables, rolls with butter, coffee, tea and water. Dessert will be Spumoni ice cream.

**COST: Members \$20.00 and Non-Members \$38.00**

Everyone must complete the reservation form found on the back of this newsletter to attend the luncheon. The deadline for reservations is Tuesday, **May 21, 2019**. I would appreciate a phone call or email if **you put your check in the mail close to or on the due date ((916) 725-6752 or email [njgust@hotmail.com](mailto:njgust@hotmail.com))** so I can have the correct count for the Dante Club. Send your completed reservation form and check to **SCREA, P.O. BOX 573, Fair Oaks, CA 95628**.

All meals given for the final count must be paid for. Cancellations due to emergencies can be made up to the reservation deadline (**May 21, 2019**).

A grandfather was delivering his grandchildren to their home one day when a fire truck zoomed passed. Sitting in the front seat of the fire truck was a Dalmatian dog. The children started discussing the dog's duties. One child said "They use him to keep crowds back". "No", said another. "He's just for good luck". A third child brought the argument to a close. "They use the dogs" she said firmly, "to find the fire hydrants".



**SACRAMENTO RIVERCATS BASEBALL GAME***By Nancy Gust, Chair, Program Committee*

Last chance to join in the baseball fun. SCREA will be attending the Sacramento River Cats game on Friday, July 12, 2019. The start time for the game will be 7:05 p.m. (**Orange Friday—Live music and drink specials in Beer Garden, fireworks and more**).

Transportation is on your own. Parking at the stadium is \$10.00. If you have a Handicap Placard or Plates you can park in the Green Lot (closest to the stadium). They have golf cart shuttles that will drop you off by the front gate (and take you back to your car after the game). There are many food choices at the ball park which you are free to explore. Gates should open one hour before game time.

Ticket Prices are as follows:

**NIGHT GAME – FRIDAY, JULY 12, 2019 – 7:05 P.M.**

Member	\$15.00
Non-Member	\$20.00

Please fill out the reservation form below and return by the deadline with a check made out to SCREA. Be sure to include a working phone number and/or email address in case of cancellation or for information on ticket distribution. Hope to see you at the game.

**SCREA'S SACRAMENTO RIVER CATS BASEBALL GAME  
RESERVATION FORM  
FRIDAY, JULY 12, 2019**

Member's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Member's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**E-mail address:** \_\_\_\_\_

Non-Member's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Non-Member's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**E-mail address:** \_\_\_\_\_

# \_\_\_\_\_ Member Sacramento River Cats July 12, 2019 (Friday night) game \$15.00

# \_\_\_\_\_ Non-Member Sacramento River Cats July 12, 2019 (Friday night) game \$20.00

**TOTAL CHECK ENCLOSED \$ \_\_\_\_\_**

**RESERVATION DEADLINE: JUNE 19, 2019 (WEDNESDAY)**

ALL CANCELLATIONS MUST BE CALLED IN BY THE RESERVATION DEADLINE (**6/19/2019**) TO NANCY AT (916) 725-6752 OR [njgust@hotmail.com](mailto:njgust@hotmail.com). PLEASE DO NOT SEND CASH. **SEND THIS FORM** AND A CHECK PAYABLE TO SCREA, **P.O. BOX 573, FAIR OAKS, CA 95628**

## SEE'S CANDY CERTIFICATES

By Nancy Gust, Chair Program Committee

Once again we will be offering the certificates for sale at the June Luncheon. At the luncheon you may pay with a check or exact cash only, no credit cards. The cost is \$17.65 each.

In order to have enough certificates, please let me know by June 1<sup>st</sup> how many you would like. Send an email to [njgust@hotmail.com](mailto:njgust@hotmail.com) or call (916) 725-6752.

**If you move**, there are **2 very important** places to contact.

**First**, inform the Retirement Office (SCERS) in writing of your new address so you won't miss receiving your pension check! Their address is 980 9th St. Suite 1900, Sacramento, CA 95814-2739.

The **second** is SCREA. Please complete the form below and forward it to SCREA at the address on the form so you can continue receiving your quarterly News Briefs.

### Change of Address, Telephone or Email?

Please fill out and mail this notice to:  
SCREA Change of Address, P.O. Box 573,  
Fair Oaks, CA 95628

Name: \_\_\_\_\_

New Address: \_\_\_\_\_

City \_\_\_\_\_ State: \_\_\_\_\_

Zip: \_\_\_\_\_ Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

Effective date for change: \_\_\_\_\_



**June 16**

## Carol's Travel Corner



When we think of traveling and preserving the memories of our trips, we usually think of photographs, photo books and videos of our trip. These methods of memorializing our adventures are very important and a way to share our trip with our friends and family. But let me ask you this question. When looking

back on a trip, have you ever been at a loss to remember a favorite restaurant, museum or shop where you bought a wonderful gift? I know, because it has happened to me.

A good friend who travels frequently gave me a journaling travel book for a gift. I have filled 6 of these books with my memories. Even if you are not a great writer, these books are easy to use and a goldmine of information.

Go to Amazon or your local bookstore (i.e., Barnes and Noble) to find one that suits you. They are compact and lightweight. Here are some of my suggestions for content: a daily page that includes weather, name of the country and city, lodging, form of transportation, food (where you went and what you paid), expense items, stores and what you bought and the cost (great for helping with customs), and a section for journaling your day. I suggest you fill it in daily; I usually journal at night when the day is still fresh in my mind. I have gone back and relived my trips, given information to fellow travelers before they leave on their adventures, or looked up a favorite shop or restaurant for future return trips.

A combination of visual and written reminders of your adventure makes for a wonderful way to remember and share your experiences for many years to come.

The saying goes something like this: travel is 40% anticipation, 20% the actual trip and 40% remembrance. Get the most for your time and money: **journal.**

Happy Traveling



**Reverse Mortgages from Sacramento Credit Union**

***It's time to start enjoying your retirement!***

---

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*Learn more by contacting one of our Real Estate Loan Consultants today.*

<p>Deri Ross (916) 444-6070 Ext. 3508 dross@sactocu.org NMLS: #361879</p>	<p>Penny Shidner Bridges (916) 444-6070 Ext. 3929 pbridges@sactocu.org NMLS: #716021</p>
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**SACRAMENTO CREDIT UNION**  
sactocu.org/reversemortgage

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**Happy Independence Day from your SCREA Board Members!**



# NEWS BRIEFS



Published Quarterly by  
SACRAMENTO COUNTY RETIRED EMPLOYEES ASSOCIATION  
Post Office Box 573, Fair Oaks, CA 95628  
www.sccountyretirees.com

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Pamela Thomas 209-912-4312  
Bob Weil 916-489-0247

## SCREA'S JUNE LUNCHEON DANTE CLUB RESERVATION FORM MONDAY, JUNE 10, 2019

Member's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Member's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**"New" email addresses ONLY:** \_\_\_\_\_

Non-Member's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Non-Member's Name: \_\_\_\_\_ Phone: \_\_\_\_\_

# \_\_\_\_\_ Member's Lemon Chicken \$ 20.00

# \_\_\_\_\_ Member's Ravioli with Basil Parmesan sauce \$ 20.00

# \_\_\_\_\_ Non-Member's Lemon Chicken \$ 38.00

# \_\_\_\_\_ Non-Member's Ravioli with Basil Parmesan sauce \$ 38.00

**TOTAL CHECK ENCLOSED** \$ \_\_\_\_\_

**RESERVATION DEADLINE: MAY 21, 2019 (TUESDAY)**

PLEASE NOTE ON YOUR RESERVATION FORM IF YOU HAVE SPECIAL DIETARY NEEDS. ALL CANCELLATIONS MUST BE CALLED IN BY THE RESERVATION DEADLINE (**MAY 21, 2019**). PLEASE DO NOT SEND CASH. **SEND THIS FORM** AND A CHECK PAYABLE TO SCREA, TO **P.O. BOX 573, FAIR OAKS, CA 95628**