Treasurer Dave Irish, Board members Nancy Gust and Sue Shaughnessy, and I recently attended the fall conference of the California Retired County Employees Association (CRCEA). This organization consists of the 20 California counties formed under the County Employees Retirement Law of 1937. The conference was held in Emeryville and hosted by the Retired Employees of Alameda County. The keynote speaker was Rosa ‘Rosie’ Gumataotao Rios, the 43rd Treasurer of the United States. In April 2016, the Treasury announced that women will be placed on the $5, $10 and $20 bills reflecting the theme of democracy. The concepts will be unveiled on August 26, 2020 in recognition of the 100th anniversary of the 19th amendment granting women the right to vote. That way, Rosie!!!

Other topics covered were retiree wellness, Affordable Care Act update, emergency services update, retiree benefits litigation and a presentation on the ‘Millennials”; yes, after the baby boomers came GenX and now in the workplace we have the Millennials. Alameda County’s Learning Management System connects their 9,500 employees to a variety of learning opportunities; the majority are baby boomers we told to just get to work. Other conference sessions included very useful round table discussions on local county associations issues, as well as committee reports from the CRCEA.

The next conference will be hosted by the Retired Employees of Santa Barbara County in April 2018. That’s all for now. Barb
NEWS FROM THE NOMINATING COMMITTEE
By Linda Kimura, Chair, Nominating Committee

Three (3) Members of the Board of Directors announced recently that they will be resigning from the Board of Directors: Carol Mosier, Chair of the SCREA Database Committee; Mike DeBord, Chair of the Retirement Security Committee; and Linda Kimura, Secretary.

Carol is moving out of the Sacramento area in the near future and will not be able to continue. Carol’s term expires on June 30, 2019. The Board is actively recruiting for her replacement. Both Mike and Linda will continue to serve until their terms expire on June 30, 2018.

Carol has been instrumental on the Board as Chair of the SCREA Database Committee. She reorganized and updated the Membership Roster and regularly reconciled names and addresses with SCERS and also serves on the Budget and Bylaws and Information and Website Committees. She will be moving in November 2017.

Mike has served for many years as SCREA’s representative on the SCERS Board and as an active delegate with California Retired County Employees Association, which is the statewide organization equivalent to SCREA. He has become an expert on Retirement Security issues for both organizations.

Linda has served for nearly 10 years on the Nominations and Budget and Bylaws Committees and as Secretary for the last year and a half.

Other Board Members, whose terms will expire on June 30, 2018 are Nancy Gust, Susan Shaughnessy, and Carol Summers. Nancy Gust is Program Chair. Carol Summers actively serves on the Program and Benefits Committees. Susan Shaughnessy also serves on the Benefits and Nominating Committees and assists at our events.

Serving on the Board of Directors is very gratifying, knowing we represent all Sacramento County retirees, not just the 4,000-plus SCREA Members. Our membership has grown in the past few years and we anticipate another growth in numbers in the coming year. Retirement security is at the forefront of our Agenda, but we try to keep abreast of all issues related to our health insurance benefits, our interests on the SCERS Board and State and Federal legislation that could potentially affect our pensions and all issues that contribute to retirees’ well-being. Most importantly, the work is fun and keeping in touch with our colleagues and friends is fulfilling.

Members who feel they want to offer their expertise to the Board of Directors, please contact Nominations Committee Chair Linda Kimura at kimurafour@aol.com or (916) 485-8442.

Visit SCREA’s website at www.saccountyretirees.com to get updated info and keep informed on various issues affecting County retirees. You can also subscribe to receive emails when the website is updated.
### Sendra Smith

Sendra Smith, Chair, **Sunshine Committee**, sends sympathy cards to families of our members when we are notified of a death. She also sends get well cards to our members who are experiencing health problems.

If you know of someone who would be cheered by receiving a card from SCREA, you can reach Jane at 916-786-6502 or email her at districtfiveretired@yahoo.com.

### SCREA Members are always welcome to join us for our monthly Board meetings. All meetings begin at 9:30 am and are held on the first Monday of each month. If the first Monday is a holiday, it is held the following Monday. Most of our meetings are all held at the Rancho Cordova Police Department, 2897 Kilgore Road. If you plan on attending a meeting, feel free to contact any Board member (listed on page 12) in advance to confirm the location.

### For your information, here are some important phone numbers and addresses:

#### SCERS:
916-874-9119, 980 9th St., Suite 1900, Sacramento, CA 95814-2739

#### Employee Benefits Office:
916-874-2020, 700 H Street, Sacramento, CA 95814-2739

#### Blood Source:
916-456-1500 or 866-822-5663 or blood-source.org, SCREA Donor #6855
O.K., so Pam Thomas told me I had to write something about my time with SCREA, so... No, actually, she suggested it would be nice if I prepare this article for the News Briefs.

At the October SCREA Board meeting, I announced that I would be leaving the Board because I will be moving to Washington State, probably sometime in November. My son has decided to move to eastern Washington (Tri-Cities area), so he’s not getting away without me following. This is going to be an adventure for me since I’ve lived in the Greater Sacramento Region for the past 64 years, moving here from New Mexico when I was 11 years old. My 95+ year old Uncle suggested maybe I’m a little too old to be pioneering but I reminded him the covered wagon days are long past. Still, it will be an adventure!

I began work right out of high school in 1961 as a Typist Clerk for Public Works, Highways & Bridges Division and worked in various positions and various departments over the years, retiring as Chief Financial Administrative Officer for the Waste Management & Recycling Department. I became a member of SCREA when I retired in 2003. I enjoyed going to the quarterly SCREA luncheons and visiting with people I had met over the years with the County, meeting other retirees, and learning more about the issues on our pensions and benefits. In 2014 when SCREA was seeking applicants for vacancies on the Board, I decided it was time to get off my duff and quit taking for granted the work the SCREA Board does in representing and protecting the County retirees’ interests. I wanted to contribute in some way in those efforts by becoming a member of the Board of Directors. I was appointed to the Board in 2014 to a position that expired in June 2016 and was ratified in July 2016 to serve the 3 year term of office which will expire in 2019. So, my resignation will leave a vacancy to be filled to complete the term of my office.

I serve on the Budget & Bylaws Committee, the Information & Website Committee, and as the Chair of the SCREA Database Management Committee (a one-person committee). Maintaining the membership database of currently 4,371 SCREA members has been an assignment I’ve thoroughly enjoyed. When I assumed this task in 2015 we had a little below 4,000 members. We continue to have new retirees joining SCREA each month, but sadly we also have the deaths of members that offset the rate of growth in membership. I have enjoyed my experience and learned much in my short 3 years on the Board and, if not for making the move out of the area, I would gladly continue to serve on the Board of Directors.

So, as Woody Guthrie sang, “So Long It’s Been Good to Know Yuh…”

Adios & good luck on your new adventure, Carol! We’ll miss you!

The information presented in News Briefs is believed to be from reliable sources. However, no responsibility is assumed by SCREA, the Editor or the writers for inaccuracies in the articles published.
WELCOME NEW SCREA MEMBERS

Mary Corbitt, Superior Ct
Isabelle & Joe Garcia, DHA
Rickey & Theresa Geiszler, Water Resources
Robert Guerrero, Courts
James Guiliams, Technology
Deborah Katz-Guiliams, EMD
Michael & Heidi Jones, Sheriff
Richard Kelley, DHA
Vicki Kelley, DHA
Dale Kitching, DA
Toni Kuhn, DHA
Sheryl Lenzie, Planning
Sheila Loewen, Sheriff
David McLanahan, Sheriff
Colleen Naas, District Attorney
Laura Papasian, Probation

COMING THIS SPRING
By Nancy Gust,
Program Chair

Save the Dates
May 15, 2018
Sacramento River Cats – Day Game
Tickets are $19.00

And

June 22, 2018
Sacramento River Cats – Night Game
Tickets are $20.00

More info to follow
in the March 2018 News Brief.

BENEFITS COMMITTEE REPORT
By Barbara Smith, President

Nancy Gust and I recently attended two of the three benefits open enrollment sessions for retirees. SCREA provided refreshments and were able to recruit a few new members. It’s always fun to see old friends that you haven’t seen for awhile and remind them how SCREA can help them keep in touch.

All the providers were present to answer any questions about their plans. There was a lot of information available that I was totally unaware of; for instance, were you aware that VSP offers discounts on hearing aids? It can be very beneficial to attend these as sessions as benefits within the different plans can vary.

In future issues of our newsletter we hope to have articles by the different providers with information on their plans you may not be aware of. Remember, as well as the county benefits, SCREA members also have access to supplemental benefits provided by the Pacific Group Agency (PGA). You should have received a separate envelope from SCREA with this information. These include such plans as pet, fraud, travel and dental. Please take time to review these. If you have questions please feel free to contact me or any other SCREA board member.
ELDER SCAMS (Section Three)
By Randy Angeloni, Vice President

This is the third installment of the article dealing with Elder Scams and some scams in general. It is estimated that more than $36 billion dollars per year is lost due to scams. The majority of the losses are from the elderly. Be vigilant!

Pets-for-sale Scam
A pet-for-sale scam involves scammers creating a fake website that offers pet adoptions or providing individuals an opportunity to make a donation to a fictitious animal nursery. The website showcases a wide variety of animals that can be adopted at significantly lower than market price. Victims are required to only pay for the insurance and other fees associated with shipping their new pet to their home. The only form of payment accepted is a Moneygram, Western Union or a non-returning money transfer to an overseas bank account. Everyone should avoid paying for a pet by transferring money into another person’s bank account.

Collection Agency Scam
Scam artists are well aware that collection agencies have the right to contact individuals who are behind in their monthly bills. They identify themselves as a representative of a fictitious collection agency that is threatening a lawsuit unless the victim settles their current debt issue. Some scam artists support their claims with actual information about the person’s bad credit history. This type of scam can go on for a long period of time, as the phone call harassment will continue until the victim breaks down and makes a payment over the phone. A few months later, the same vicious cycle begins once again to acquire more money from a helpless victim.

Working from Home Scam
Every person’s dream is working from home on an everyday basis. After all, it’s a convenient way to avoid the stresses of commuting back-and-forth from our homes to the workplace. This scam centers around setting up a fictitious website that offers work-at-home positions within the international shipping department. The victim goes through the interview process on instant messenger or email correspondence. Once hired, the company begins to send packages to the new employee’s home with explicit instructions on how to inspect the product before shipping it elsewhere. Soon after, communication between the company and employee ceases, as they receive a fictitious paycheck that is greater than time worked. Finally, the employee is able to get in contact with their employer about the overpayment in their paycheck. The company confirms the mistake and tells the employee to send the difference back before depositing the check. Unfortunately, the victim will receive notice that the paycheck has bounced with no recourse to recover the money from their vanished employer.

What's the best dance to do on Thanksgiving? The turkey trot!
SCREA will be offering a new benefit only to our members.

Starting at our Holiday Luncheon we will be offering one pound See's Candy Certificates for $17.00 each. The price of a one pound box in the store is $19.90. These certificates can be used at any See's location.

You may also go to the Business Discount Stores located at 1009 L Street, Sacramento, CA 95814 or 10395 Folsom Blvd, Rancho Cordova, CA 95670 and receive the discount price on your purchases. You just need to take one of your Payment Advice statements for identification.

At the luncheon you may pay with a check or exact cash only, no credit cards.
If you have any questions please call me at (916) 725-6752 or email njgust@hotmail.com. If you will be buying multiple certificates, please send me an email.

**Peppermint Bark**

**Ingredients**
- 12 oz quality white chocolate
- 12 oz quality dark chocolate
- 1/2 cup crushed peppermint candy (Starlite or others)

**Instructions**
1. Line a 9" x 12" pan with parchment paper.
2. Melt the dark chocolate in double broiler or in a microwave for 30 seconds, stir & repeat until it has a smooth consistency. Pour melted chocolate on parchment paper & spread to about 1/3" thick.
3. Melt the white chocolate in the same way as the dark chocolate. After white chocolate is smooth, pour it on top of the dark chocolate. Try to make this layer the same thickness as the dark layer. (It's better to spread the white chocolate when it is still very soft as they seem to stick together better if the white layer has not hardened).
4. Unwrap peppermints & put into heavy duty ziplock bag. Using hammer or meat tenderizer, crush mints. Sprinkle on top of white chocolate while it is still melted/soft.
5. Let chocolates harden in the refrigerator for 2 hours. Break into pieces. Store in air-tight container.

**Q.** What did the reindeer say when he saw an elf?

**A.** Nothing, reindeer can't talk!
We held our SECOND Annual Kiyoshi “Pat” Adachi Picnic at a new location, Mather Lake Regional Park. Everyone seemed to like the new location. We set up a table with memorial items and hung the new banner. The weather cooperated and was not too warm. The Silent Auction winner was Susan Shaughnessy with the money going to the Research/Representation Fund.

The Holiday Luncheon will again be held at the Hilton Hotel off Arden Way West. The doors open at 11:00 a.m. and the parking is free. Lunch will be served at noon. (The menu is on page 10.)

The door prizes will be provided by SCREA, the Sacramento Credit Union, John Descamp’s Annual Christmas Gift Fund, the Lawrence Effinger Estate Fund and the Adachi Memorial Fund. John Descamp, former CEO of the Sacramento County Employees Retirement System, donated a total of $9,200 to SCREA with a current balance of $5,970. Each year $400 can only be spent on door prizes for the holiday luncheon. The Lawrence Effinger Estate Fund is also to be used for raffle prizes at the luncheons.

We want to thank John Descamp, the Lawrence Effinger Estate, Sacramento Credit Union and the Adachi Memorial Fund for their donations.

Everyone must complete the reservation form found on the back of this newsletter to attend the luncheon. The deadline for reservations is Friday, December 1, 2017. If you put your check in the mail close to or on the due date PLEASE call me at (916) 725-6752 or email njgust@hotmail.com so I can have the correct count for the hotel.

All meals given for the final count must be paid for. Cancellations due to emergencies can be made up to the reservation deadline (December 1, 2017).

Save the Date

The March luncheon will be held at Sacramento Marriott Hotel on March 12, 2018. The complete 2018 luncheon calendar will be available in the March 2018 News Briefs.
2017 SCREA HOLIDAY LUNCHEON
By Nancy Gust, Chair, Program Committee

MONDAY, DECEMBER 11, 2017
11:00 am – 2:30 pm

Please join us for our Annual Holiday Luncheon at the Hilton Hotel Ballroom
2200 Harvard Street, Sacramento

11:00 AM NO-HOST BAR - 12:00 PM LUNCH
Raffle after lunch

The Menu this year will include three (3) choices:

- Roasted Turkey w/house-made gravy, Chef’s sage dressing, Gold Mashed Potatoes
- Roast Pork Loin with Caramelized Apples and Cranberries, Au Gratin Potatoes
- Butternut Squash Ravioli w/Roasted Vegetables and Sage Butter

Each dish comes with Caesar Salad, house Croutons, grated Parmesan Cheese and Classic Caesar Dressing, Fresh Vegetables du Jour, dinner rolls with butter, Starbucks Coffee, Decaf-feeinated Coffee, Hot or Iced Tazo Tea, Water

For dessert they will alternate Apple Pie and Pumpkin Cheesecake

COST: Members $20.00 and Non-Members $30.00

Please let me know of any special dietary requests on your reservation form.

Please complete the reservation form found on the back of this newsletter and return by the deadline Friday, December 1, 2017. If you put your check in the mail close to or on the due date, PLEASE call me at (916) 725-6752 or email njgust@hotmail.com so I can have the correct count. All meals given for the final count must be paid for. No refunds after December 1, 2017.

Send reservation form and a check payable to SCREA to P.O. BOX 573, Fair Oaks, CA 95628.

Directions: Hwy 80, Exit at Arden Way West, right on Harvard Street. PARKING IS FREE and is in front and on the sides of the hotel.
Following a lengthy and comprehensive nationwide recruitment process, the SCERS Board reached agreement with Eric Stern to serve as Chief Executive Officer of SCERS. Appointed by the SCERS Board, Mr. Stern is expected to assume the duties in early December 2017. Mr. Stern fills the position vacated by long-serving Richard Stensrud who retired this past May 2017.

As Chief Executive Officer, Mr. Stern will serve at the will and pleasure of the SCERS Board. He will be responsible for the overall management and administration of the System in accordance with the direction, policies and goals set by the SCERS Board and in compliance with applicable state and federal laws.

Mr. Stern, comes from the California State Department of Finance and leads the program on retirement and health benefits. For the last decade Mr. Stern has been at the center of the changes to sustain California’s public employee retirement systems. He has worked at all levels of government, bringing together labor and management to forge solutions.

“Eric Stern has the vision and drive to lead the implementation of our long-term strategic plan, continue developing our dynamic team of investment and benefit staff, and align our operating authority with our fiduciary responsibilities,” said SCERS President Rick Fowler. “With the growing complexity of both pension regulations and global financial markets, we need not only his pension expertise but his ability to work with key stakeholders including the members of SCERS, appointed officials and all

Continued on page 11
levels of elected policy makers...It is clear that Eric Stern will not only build on the strong legacy of effective management at SCERS but will provide the innovative leadership needed to continue to grow our team, manage our assets, and achieve excellence. Eric is already rooted in the Sacramento community, he has relationships with local and state officials, and he has successfully led strong teams wherever he has worked.”

In 2007, he joined the California Little Hoover Commission, an independent oversight agency that investigates state government operations and policy, and makes recommendations to promote economy, efficiency and improved service in state operations.

“I am proud to have the opportunity to build on the success of one of California’s strongest local government pension funds,” Stern said. “Working with the Board, County officials, the SCERS members and staff, we will continue to provide retirement security for our members for generations to come.”

During the months since May, SCERS has been under the guidance of Interim CEO Annette St. Urbain, who came to SCERS to assist in the transition after serving as CEO of the San Joaquin County Employees’ Retirement Association. We are very grateful to her.

The SCREA Board and all Sacramento County Retirees welcome Eric Stern to SCERS.
2017 SCREA HOLIDAY LUNCHEON RESERVATION FORM
MONDAY, DECEMBER 11, 2017

Member’s Name: __________________________ Phone: __________________________
Member’s Name: __________________________ Phone: __________________________

“New” e-mail addresses ONLY: __________________________________________________

Non-Member’s Name: __________________________ Phone: __________________________
Non-Member’s Name: __________________________ Phone: __________________________

# ________ Member’s Roasted Turkey w/gravy, sage stuffing, mashed potatoes $ 20.00
# ________ Member’s Roast Pork Loin w/Caramelized Apples/Cranberries, Au Gratin potatoes $ 20.00
# ________ Member’s Butternut Squash Ravioli w/roasted vegetables $ 20.00
# ________ Non-Member’s Roasted Turkey w/gravy, sage stuffing, mashed potatoes $ 30.00
# ________ Non-Member’s Roast Pork w/Caramelized Apples/Cranberries, Au Gratin potatoes $ 30.00
# ________ Non-Member’s Butternut Squash Ravioli w/roasted vegetables $ 30.00

TOTAL CHECK ENCLOSED ___________

RESERVATION DEADLINE: FRIDAY, DECEMBER 1, 2017
PLEASE NOTE ON YOUR RESERVATION FORM IF YOU HAVE SPECIAL DIETARY NEEDS. ALL CANCELLATIONS MUST BE CALLED IN BY THE RESERVATION DEADLINE (12/1/2017). PLEASE DO NOT SEND CASH. SEND THIS COMPLETED FORM AND A CHECK PAYABLE TO SCREA, TO P.O. BOX 573, FAIR OAKS, CA 95628